



Everybody needs food and clothing

Can you help those in desperate need of help?

Friday 10th July 2015

Thousands of people in County Durham are struggling to make ends meet. Low pay and cuts to social security mean that people are having to turn to food banks to ensure they have enough to eat, and clothing banks to replace worn out clothing.

Children are hit hardest of all. That is not acceptable in the 21st Century!

That's why Unite Community and the Durham Miners Association are going to turn central Durham into a collection point for the Food bank and Clothing bank on Friday 10th July. Our activists from Durham and Sunderland will be on hand to receive donations from the public, to be put to use in existing and new projects in our communities. Please bring us your bags of donations and we'll make sure they get to the people who need them the most.

FRIDAY 10th JULY 2015

DURHAM MARKET SQUARE 10 a.m. until 3 p.m.

FOOD & CLOTHING DONATIONS REQUIRED



**SEE OVERLEAF FOR
HOW YOU CAN HELP**





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Please donate items from lists below

The County Durham Socialist Clothing bank needs the following items:

- Socks & Underwear (New, all sizes)
- Gents Jeans/Trainers
- Children's Clothes (all ages)
- Sleeping Bags
- Baby Milk (all ages)
- Nappies (all sizes)
- Shampoo/Shower Gel/Soap
- Sanitary pads & tampons

The County Durham Foodbank needs the following items:

- Milk (UHT or powdered)
- Sugar (500g)
- Fruit Juice (carton)
- Tinned Meat / Fish
- Sponge Pudding (Tinned)
- Cereals
- Pasta sauces
- Tomatoes (Tinned)
- Rice Pudding (Tinned)
- Tea Bags/instant coffee
- Instant Mash Potato
- Pasta
- Tinned Fruit
- Jam
- Biscuits or snack bars

We will be collecting donations between 10 a.m. and 3 p.m. on Friday 10th July in Durham Market Square



Organised by: Durham Unite Community

[http://www.unitetheunion.org/growing-our-union/
communitymembership/](http://www.unitetheunion.org/growing-our-union/communitymembership/)

<https://durhamcsc.wordpress.com/>

